



volunteer in exchange for accommodation & food



Deborah from Toronto
wwoofing
at a Quebec farm host

Vacationing and volunteering on Organic Farms is a wonderful way to broaden your education and practical experience. You'll learn about organic growing & producing and other sustainable living practices, meet people, and it is also a great way to travel around Canada inexpensively. Almost 900 farm hosts (and a vast array of different places) from the East Coast to the West Coast, to the Yukon and Northwest Territories, will introduce you to the many interesting aspects of Canadian farms, rural and urban properties. WWOOFing / volunteering has also become a cultural exchange, besides being a helping exchange. You help 4-6 hours a day, 5 - 5 1/2 days per week and receive accommodations, meals and a very interesting experience. Find out more at the WWOOF Canada website:

www.wwoof.ca

...living, learning, & sharing organic lifestyles

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